



Nebraska USA Wrestling District 5 Tournament

If your club resides in Burt, Dixon, Thurston, Colfax, Dodge, Washington, Cuming, Saunders, Wayne, Dakota, or Stanton County, **THIS IS YOUR DISTRICT TO QUALIFY FOR THE USA STATE FOLKSTYLE TOURNAMENT.**

Where?—West Point High School

West Point, Nebraska

When?—March 3, 2012

Registration: Pre-register only. Must be in by Friday March 2nd at 6:30pm. Registration will be locked out after 6:30pm. To sign up you must go to trackwrestling.com and type in tournament name to register. Cost: \$15 for preregistered. There will be no walk-ins. Online registration only. **You can register and then mail in a check if you wish. Or pay online.**

You do not need a Nebraska USA League Card to participate in this District. You will need one for USA State on March 16, 17, and 18th in Grand Island, NE.

Awards: Medals for 1st, 2nd, 3rd and 4th place. Wrestle for true 2nd. Huge Team trophies for top 2 District 5 Clubs. "Who will be crowned as the District 5 club champion?"

Outstanding Wrestler plagues for each grade division.

Weigh Ins: Friday, March 2, 2012

All Divisions start at 7pm and end at 9pm. There will be 3 sites in which to weigh. 1) West Point High School 2) Fremont High School 3) South Sioux City High School. Start times are all the same. Must weigh-in with singlet on. Must make scratch weight. We will not be taking any weigh-ins from any other tournament going on earlier that day. Please adjust accordingly.

Start Time: Sunday, March 3, 2012

All divisions start at 10:00am

The top 4 finishers in each division advance to the USA State Folkstyle Tournament on March 16th, 17th & 18th at the Heartland Events Center in Grand Island, NE. The State tournament is also the qualifier for:

***** Qualifier for the Middle School National Dual Teams *****

***** Qualifier for the Elementary National Dual Teams *****

*****Points towards the Tour of Nebraska wrestling series*****

***** First leg of the Triple Crown *****

2012 Grade Divisions and Weight Classes

PreK-K Submit actual weight (weight classes will be determined)

1-2 ---40, 45, 50, 55, 60, 65, 70, 75, 75+

3-4 ---50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 120, 140, 160

5-6 ---60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 120, 130, 140, 160, 180

7-8 --75, 80, 85, 90, 95, 102, 110, 117, 125, 132, 140, 150, 160, 175, 195, 220, 275

***** Nebraska USA District 5 Tournament *****

March 3, 2012

Sponsored by West Point Wrestling Club/Oakland-Craig Wrestling Club

Liability Waiver: In consideration of accepting this entry, I hereby for myself, my heirs, my executors and administrators, waive and release Nebraska USA Wrestling, West Point Public Schools, West Point Wrestling Club, Oakland-Craig Wrestling Club and any of their members or representatives from any and all liability for any and all injuries suffered by me in connection with the USA District 5 Tournament.

Wrestler's name _____

Parent's Signature: _____

Must have this in your possession signed during the tournament. By entering the tournament you have acknowledged and accepted the terms of this waiver.

Questions: Call Aaron Arlt (402) 380-3910, aaron@aaronarlt.com or Jason Redmond (402) 380-9866, red_dog25@hotmail.com