



# NEBRASKA USA Wrestling District 7 Tournament

IF YOU OR YOUR CLUB RESIDE IN Cass, Gage, Johnson, Nemaha, Otoe, Pawnee, Richardson, Sarpy COUNTY, THIS IS YOUR DISTRICT TO QUALIFY FOR THE USA STATE FOLKSTYLE TOURNAMENT.

## Nebraska City High School Saturday February 27<sup>th</sup>, 2010

Registration: Must be mailed or emailed by Wednesday Feb. 24<sup>th</sup>.

Email: [thodges@esu6.org](mailto:thodges@esu6.org) or Mail Registrations to:

Nebraska City Wrestling  
c/o Tyler Hodges  
141 Steinhart Park Rd  
Nebraska City, NE 68410

Cost: \$12.00 if pre-registered or \$15.00 if registration is done at weigh-ins.

Awards: Medals for 1<sup>st</sup> through 4<sup>th</sup>. Top 4 Qualify for USA State Folk style Tournament March 19<sup>th</sup>/20<sup>th</sup>

Weigh-ins/Start Times: **Friday Feb 26<sup>th</sup> 6:00-8:00pm** all ages or

**Saturday Feb 27<sup>th</sup>**

Division	Weigh-ins	Start Wrestling
Grades 7 & 8	7:30-8:30am	9:00 am
Grades 5 & 6	9:30-10:30am	11:00 am
Grades 3 & 4	11:30-12:30pm	1:00 pm
Grades Pre-2	2:00-3:00pm	3:30 pm

Grades 3-8 wrestling will be done on full mats!

Questions: Contact Tyler Hodges @ (402) 480-0546 or [thodges@esu6.org](mailto:thodges@esu6.org)

Grades	Weight Classes
PreK-K	Submit actual weight (weight classes to be determined)
1 & 2	40, 45, 50, 55, 60, 65, 70, 75, 75+
3 & 4	50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 120, 120+
5 & 6	60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 120, 130, 140, 140+
7 & 8	75, 80, 85, 90, 95, 102, 110, 117, 125, 132, 140, 150, 160, 175, 195, 220, 275

Detach and return by Feb. 24<sup>th</sup> (walk-ins welcome)

Make Checks payable to NC Wrestling

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Club: \_\_\_\_\_ Grade: \_\_\_\_\_ Age: \_\_\_\_\_

2010 Record: \_\_\_\_\_ W \_\_\_\_\_ L Weight Class: \_\_\_\_\_

Wrestler Signature: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Phone: \_\_\_\_\_ e-mail: \_\_\_\_\_